Golda's Pancake Recipe (VEGAN)

livinglarae October 14, 2020Breakfast

Toppings are optional. Sometimes I eat them with bananas and pecans or bananas and strawberries, and sometimes I cool apples down a bit and add cinnamon as well as a little lemon juice. I would suggest not overly cooking the apples or they will become to mushy.



Golda obviously doesn't eat turkey sausage but I do. So that is that.

Ingredients

- 1 Tablespoons of Bob's Red Mill Egg Replacer
- 1 1/2 Cups all-purpose flour
- 1 Tablespoon sugar
- 1 Tablespoon baking powder

Pinch of salt

- 1/4 Cup of applesauce
- 3 Tablespoons melted butter
- 1 Teaspoon vanilla extract
- 1/4 Teaspoon lemon extract
- 1 1/4 Cup almond milk

Directions

- 1. Turn your stove on to medium. Place your cast iron griddle on and allow it to evenly heat.
- 2. While you wait sift together all-purpose flour, egg replacer, sugar, baking powder, and salt.
- 3. Then mix in the almond milk, butter, applesauce, vanilla extract, and lemon extract. You may have to add more milk to get the consistency you prefer I would advise adding one Tablespoon more of milk at a time. However you do not want your pancakes overly runny they otherwise they will not form right or cook well.
- 4. When your griddle is heated evenly, grease your pan with a thin layer of butter and pour a 1/4 Cup of pancake mix at a time.